



LUCKNOW ACADEMY OF PEDIATRICS



O.R.S. DAY & WEEK CELEBRATION 2018

From 25th to 31st July 2018
ORS DAY - 29th July 2018

"ORS-ORS ALL THA DAY, KEEPS DEHYDRATION AT BAY"



World Hepatitis Day (28th July) & ORS Day (29th July) Is it a mere coincidence?

Both diarrhoea and hepatitis (A&E) are food and water borne disease ; both have significant effect on overall health and nutrition of children and both may have high morbidity and mortality if not treated according to guidelines. Hepatitis Band C are spread through blood contact but have similar presentation and also can be proceed to chronic phase. So is it a mere coincidence that both disease of significant public health importance are celebrated next to each other? Answer, yes it is a coincidence but as paediatricians we should use this opportunity to make our children and parents aware about safe and healthy habits to prevent both diarrhoea and jaundice. Moreover "Immunisation has led to a 20-fold reduction in hepatitis B cases in 150 countries of the world where infants are routinely given the vaccine,

The Times Of India - Lucknow, 2018-07-



'MAJOR PUBLIC HEALTH CHALLENGE'

HEPATITIS IS INFLAMMATION OF THE LIVER. IT ALSO REFERS TO A FAMILY OF VIRAL LIVER INFECTIONS

CAUSES
Toxins, certain drugs, several diseases, heavy alcohol intake, bacterial and viral infections, unsafe blood transfusion

PREVENTION
All newborns should get the timely birth dose of hepatitis B given within 24 hours of birth

Common types seen in India: A, B, C, D & E

OVER 85%

Hepatitis B & C's share of all hepatitis deaths

Ensure all children get the pentavalent (5-in-1) vaccine administered under the routine immunisation programme

Those who have undergone blood transfusion before 2002 must get themselves screened for hepatitis B

WHO's global hepatitis report 2017 recognises viral hepatitis as a major public health challenge. India will roll out the national programme for prevention & control of viral hepatitis on July 28

'Meta-analysis included more than 300 studies'

Associate Professor, gastroenterology, SGPGI, Dr Amit Goel who conducted the review, said, "The meta-analysis included more than 300 studies representing all states and union territories except Lakshadweep". He added that around 70% of persons testing positive for hepatitis C blood test needed treatment. Prevalence of hepatitis C in the high-risk groups such as persons living with HIV, those suffering with diseases such as haemophilia, thalassemia was found to be 30-40%."

Experts at SGPGI point out that over 2,500 patients of hepatitis B and C report to gastroenterology department of SGPGI annually. Specific observations indicate that 10-12% patients report in terminal stages of the disease, where treatments often do not work.

World Hepatitis Day provides an opportunity to focus on actions such as:

- Raising awareness of the different forms of hepatitis and how they are transmitted;
- Strengthening prevention, screening and control of viral hepatitis and its related diseases;
- Increasing hepatitis B vaccine coverage and integration into national immunization programmes; and
- Coordinating a global response to hepatitis.

Using this platform we would like to make a sincere appeal to the Indian Academy of Pediatrics that World Hepatitis Day should also be celebrated with zeal and enthusiasm as we paediatricians can play a vital role in cutting down the overall morbidity and mortality rate caused by hepatitis.

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